



Greenwich Woods

REHABILITATION & HEALTH CARE CENTER



Sept/Oct/Nov 2016

1165 King St. • Greenwich, CT 06831 • (203) 531-1335
www.greenwichwoods.com

A Message From the Administrator



John Pasheluk, Administrator

It's hard to believe that Autumn is already upon us. Throughout the summer, we moved forward with exciting renovations. New carpeting, furnishings, lighting effects, and modernized nursing stations have created a less institutional feel and more of a sense of home and comfort.

August was "Customer Service Month," and our employees and

the entire Greenwich Woods community participated in a Customer Service Challenge. The focus of this program was to establish a culture of responsiveness, so that both residents and their loved ones can benefit from improved response to needs, efficiency of care, positive staff attitudes and open communication.

We will be holding our annual Alzheimer's Auction on Sunday, September 11th. Our Recreation Department works hard to create a fundraiser that is both fun and supportive of Alzheimer's awareness. If you are unable to attend, please consider donating a prize for our Chinese auction.

Our residents have many fall events to look forward to including the celebration of the Jewish New Year, our 27th Annual Community Trick-or-Treat and our annual Veteran's Day luncheon.

In closing, the change in

temperature usually signals the upcoming flu and cold season. We encourage you to visit often, however please refrain if you or your loved ones are experiencing a cold or any upper respiratory symptoms.

Wishing you a beautiful and healthy fall season.

John



Sky Watch: Full Harvest Moon

The biggest and brightest full moon of the year for North America is the Harvest Moon. This moon is nearest the autumnal equinox, and was named because it allowed farmers to work by moonlight to bring in their crops.

Administrator

John N. Pasheluk

Asst. to the Administrator

Margaret Vascones

Director of Nursing Services

Alexia Cortella, RN

Asst. Director of Nursing Services

Juliet Clifford, RN

Dir. of Staff Development

Loretta Soules, RN

Director of Food Service

Jan Barrows

Director of Admissions

Christine O'Dea

Admissions Coordinator

Patricia Abela

Admissions/Patient Liaison

Veronica Sullivan

Director of Social Services

Daberal Castillo, LMSW, CDP

Short Term Rehab Social Workers

Michelle Nicholson, BSW

Steven Adelman, Social Worker

Director of Rehabilitation

Kelly Gannon, OTR/L

Director of Clinical Development

Susan Almeida, RN

Directors of Recreation

Cheryl Doeberl/Mike Rinaldi



Trivia Whiz

The Supreme Law of the Land

The U.S.

Constitution was approved and signed on Sept. 17, 1787. Celebrate Constitution Day with some historical trivia:

In May 1787, 55 delegates from 12 states attended the Constitutional Convention in Philadelphia to revise the Articles of Confederation, America's first constitution.

George Washington was unanimously elected president of the convention.

At 81, Benjamin Franklin was the oldest delegate in attendance.

Pennsylvania delegate Gouverneur Morris is said to have written most of the final document's text, including the famous "We the people" preamble.

A total of 39 delegates signed the Constitution.

Alzheimer's Auction and Memory Walk



Greenwich Woods Team "Never Give Up"

On Sunday, September 11, 2016, our Recreation Department will be sponsoring a Chinese Auction from 2:00 PM - 4:00 PM. All proceeds from this event will go to the Alzheimer's Association. Vendors will be selling unique handmade gifts and a portion of these proceeds will also go to the Association.

Hors d'oeuvres, wine and cheese will be served, and music will be provided by Rinaldi Entertainment. The cost includes 20 free raffle tickets, including a door prize ticket. Tickets are \$24.00 per person. If you are unable to attend, please consider donating a prize to our Chinese Auction.

On Sunday, September 18th, our facility team, "Never Give Up," will walk in the Annual Fairfield County Alzheimer's Walk at Calf Pasture Beach in Norwalk, Connecticut.

Please contact Cheryl Doeberl, Director of Therapeutic Recreation at Cdoeberl@greenwichwoods.com for details on how you can support our team in the fight against Alzheimer's disease.

Our Customer Service Challenge



The quest for excellence in customer service often creates a competitive work environment.

Raising the bar on customer service is critical to fostering "resident centered care." August was Customer Service Month and our team took the "Extra Mile" challenge in customer service excellence. Employees who were nominated were given the opportunity to win a prize by spinning

our "Customer Service Wheel."

With the support and participation of our residents and family members, we were able to acknowledge employees who "go above and beyond" their job duties. Here are just a few phrases of gratitude commending the nominees:

"100% Caring and Respectful"

"Service with a Smile"

"Caring and Loving to her Residents on Redwood"

"Always Looking Out for her Residents"

"Dedicated, Caring and Efficient"

"Thoughtful, Caring and Always Willing to Listen"

"Always very considerate and helpful"

"Sweet, Attentive with a Great Sense of Humor"

Congratulations to our winners on a job well done!



Summer Fun at the Woods

Fall Fun for Everyone

Fall's cooler weather makes it a perfect time for outdoor activities. Plan one of these outings and enjoy what autumn has to offer:

Apples for all. In addition to the opportunity to pick your own apples, many apple orchards also have a cider mill you can tour. Be sure to take home plenty of fruit and try your hand at apple pie, applesauce and baked apples. Store any unused fruit in a cool, dry place.

Pick a pumpkin. A trip to the pumpkin patch to find the perfect pumpkin is fun for all ages. Get a few extra to decorate your home. Some pumpkin patches also offer wagon rides and a corn or hay bale maze.

Take a tour. Many parts of the country offer views of colorful fall foliage. Go for a drive, and take a camera to record nature's beauty. Consider spending a day exploring a town you've never visited. Pack a picnic or stop at a family-owned restaurant for a one-of-a-kind meal.

Friday night lights. Go to a high school football game and root for the home team. The atmosphere and excitement may bring back memories of your own high school days.

Find a fair. Get a head start on your holiday shopping with a trip to an area craft fair. You will be sure to find unique gifts for friends and family. Don't forget to get something special for yourself!



Marie enjoying watermelon on a hot summer day in the park.



Riding the Ferry to Island Beach



A beautiful summer day picnic with friends



Wit & Wisdom

"Education is the key to unlock the golden door of freedom."
—George Washington Carver

"An investment in knowledge pays the best interest."
—American proverb

"Develop a passion for learning. If you do, you will never cease to grow."
—Anthony J. D'Angelo

"All I want is an education, and I am afraid of no one."
—Malala Yousafzai

"Education is the movement from darkness to light."
—Allan Bloom

"The function of education is to teach one to think intensively and to think critically. Intelligence plus character—that is the goal of true education."
—Martin Luther King Jr.

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1165 King St.
Greenwich, CT 06831



John Q. Public
or Current Resident
12345 Sample Address
City, ST 00000

SEPTEMBER

- 9/5 Labor Day Patriotic Tunes 2:15pm ODR
- 9/9 Painting w/ Brian in the Pines at 10:30am
- 9/13 Greenwich Woods Olympics
- 9/17 Harvest Time Church visit 10:30am ODR
- 9/11 Alzheimer's Auction 2pm - 4pm WDR
- 9/22 Autumn Leaves Concert Trio w/Rec. at 2:30 ODR
- 9/28 Movie Matinee on the BIG SCREEN at 2pm, ODR
- 9/29 Birthday Party w/ Mike Rinaldi 2:30pm WDR

OCTOBER

- 10/7 A Cappella Concert with the Grace Notes 11:am ODR
- 10/10 Columbus Day Party w/ Mike & IGOR 2:30pm WDR
- 10/14 Painting w/ Brian in the Pines at 10:30am
- 10/20 Birthday Party w/Mike Rinaldi 2:30pm ODR
- 10/26 MOVIE Matinee on the BIG SCREEN at 2pm ODR
- 10/28 Annual Community Trick-or-Treat 6PM-8PM

NOVEMBER

- 11/11 Painting w/ Brian in the Pines at 10:30 am
- 11/11 Veterans Day Luncheon 12pm WDR
- 11/17 Birthday Party w/Mike Rinaldi at 2:30 PM WDR
- 11/23 Interfaith Service with Chaplain Joan 2PM, ODR
- 11/24 Holiday Desserts at 2:00 PM Café
- 11/30 Movie Matinee on the BIG SCREEN at 2pm ODR